

Internships give students relevant work experience



Picture: NMBU, Håkon Sparre

A Guide to Internship

Internship at Faculty of Biosciences:

- [BINT300 Internship Plant Sciences](#)
- [BINT301 Internship Animal Science](#)
- [BINT302 Internship Aquaculture](#)
- [BINT303 Internship Feed Manufacturing Technology](#)
- [BINT304 Internship Urban Agriculture](#)

For students; it is worth knowing about Internship

What is an Internship:

An internship is a limited period where you as a student get to work on a relevant issue at a company or a research facility. You get work experience, professional contacts, practical learning and important experience outside the university.

What does it mean:

You must find a relevant company and a supervisor at BIOVIT. You can get advice and tips from the course coordinator or study supervisor. During the work period in a company, you work a pre-agreed number of hours on an agreed project or issue, read relevant and agreed literature, and write a reflection report. After the end of the work period, the reflection report must be submitted for grading, and presented to the supervisor and examiner (the contact person at the company).

The number of credits can vary, so you should also decide upon the scope of your internship.

- 125 hours corresponds to 5 credits
- 250 hours corresponds to 10 credits
- 375 hours corresponds to 15 credits

As a starting point, 2/3 of that time will be spent at the company and 1/3 of the time on work with your reflection report (including reading the syllabus) and making your presentation.

For whom:

Third-year bachelor and master's students at BIOVIT, who have a relevant background (contact the course coordinator or study advisor if you are unsure whether you have a relevant background).

Dividend:

You do not receive a salary, but rather credits for your work in the company. The workload is adjusted according to the number of credits, which corresponds to the workload in other NMBU courses with the corresponding number of credits. In addition to credits, you get a unique work experience and contacts within the company.

Insurance:

Internship is considered a practice, as such you as a student are covered by the Occupational Injuries Insurance Act, read more here: <https://www.nmbu.no/student/livet-rundt/studentforsikring>

For more questions about insurance, contact the Student Information Center at sit@nmbu.no

When:

It is possible to take an internship in all periods throughout the academic year. If the internship involves travel, it is often easiest to complete the internship during block periods or the summer holidays. You can choose to work intensively for a few weeks in a block period or work 1 day a week over a longer period. The student and the company in question agree when and how the work is to be carried out, and this is described in an agreement that all parties sign (the student, the academic supervisor, and the contact person in the company).

You need:

1. An idea for a relevant workplace/company
2. Contact the workplace/company
3. Find a professional supervisor at NMBU - BIOVIT
4. Write an agreement/contract with your academic supervisor at BIOVIT and the contact person at the company, where the expected learning goals and results are described
5. Submit an agreement / contract to the study advisor, who registers you for the course Internship
6. Make a proposal for relevant syllabus literature in collaboration with the academic supervisor
7. Carry out your internship, read the syllabus, and write a reflection report
8. Submit and present your reflection report the semester you are enrolled in the course

Do you have an idea that you want to discuss? - contact the study advisor!

More information: See the course description online: <https://www.nmbu.no/emnesok>

For company: worth knowing about Internship

What is an Internship:

An internship is a limited period in which a student at NMBU works at a company on an agreed and relevant issue or project.

What does the company get:

The company benefits from the student's commitment, manpower, knowledge and input, and gets to meet potential future employees.

What is required:

The student needs a contact person in the company during the agreed Internship period. The contact person will, in collaboration with the student and their academic supervisor at NMBU, define the problem and work tasks for Internship. A contract must be drawn up between the company, NMBU and the student before the Internship period can start. The agreement is sent to the study supervisor before confirmation is granted. If the stay in the company entails access to confidential information, a declaration of confidentiality should be signed.

Payment:

The student receives credits in lieu of payment for the agreed working hours and workload of the Internship. Many also combine internships with summer jobs. The company must pay for any necessary internal training. For companies with a location far away from the student's home and/or place of study, the company can also pay for accommodation and possibly travel for the student if the work requires this during the agreed work period.

We want students for Internship, what do we do now:

Contact the course coordinator or study advisor for the relevant Internship course, and they will arrange contact with potential students.

Norwegian University of Life Sciences

Faculty of Biosciences

Internship Plant Sciences

- Siv Fagertun Remberg: siv.remberg@nmbu.no
- Study advisor: studieveileder-biovit@nmbu.no

Internship Animal Science

- Rasmus Bovbjerg Jensen rasmus.bovbjerg.jensen@nmbu.no
- Study advisor: studieveileder-biovit@nmbu.no

Internship Aquaculture

- Turid Mørkøre: turid.morkore@nmbu.no
- Study advisor: studieveileder-biovit@nmbu.no

Internship Feed Manufacturing Technology

- Egil Prestløkken egil.prestlokken@nmbu.no
- Study advisor: studieveileder-biovit@nmbu.no

Internship Urban Agriculture

- Trine Hvoslef-Eide trine.hvoslef-eide@nmbu.no
- Study advisor: studieveileder-biovit@nmbu.no

Reflection report

Reflection report - template

The purpose of the reflection report is to describe, analyze and reflect on what you have learned from the practical work in the company with relevant literature based on the learning goals that were set in the agreement.

You are free to design and write the reflection report in the form and order you find most appropriate, but it is important that it contains a reflection on your own work. Below are some points that may be helpful when writing your report. The scope of the report for a 5 credits internship is approx. 6-10 pages.

First page

- Title, course code/name, number of credits, Student and academic supervisor name, company name

Introduction

- Which company
- Working hours and working hours
- Brief description of the company
- Your own learning goals. What was the purpose of your internship? Did you investigate a specific issue? Get to know a special part of the production better? Learn about a specific topic? Run an experiment? Collect data? Participate in a project? Describe this, along with a theoretical background for the learning objectives and how these are to be achieved.

Theoretical background

- A theoretical background must be included to support the theory behind what you will work with practically in the internship, with references to relevant literature.

Work practice

- Description of work tasks and possibly link this to literature that can support the work tasks.
- Which parts of the production/company were covered/did you gain experience with? Then put your work assignment (s) into a larger context and use relevant professional literature to discuss what you have worked on.

Reflection

- What was your own experience of your internship?
- Were the learning objectives achieved?
- What did you learn from the tasks you had in the company?

- Did you lack any knowledge before you started in the company?
- Did you use your education during the internship?
- What will your role in the company look like if you are going to work there?
- Have you learned new things you would not otherwise have learned if you had not taken the internship?
- Do you have thoughts about how things could have been done differently, and tips for others who may do an internship later in the same company?

Conclusion / summary

- Conclusion/summary of the entire experience of doing your internship. Answer what was the purpose of the internship that you have described in the introduction.

References

- Present a bibliography with references

For examiner / supervisor: Examination and presentation

Use the assessment protocol for special syllabus: <https://www.nmbu.no/download/file/fid/11112>

Fill in the internship with the correct subject code. The assessment protocol is then sent to sensur@nmbu.no with a copy to exam-biovit@nmbu.no

Or ask the study advisor to register as the examiner for the correct student in the system and register the examination in the professional web (aka FAGWEB - can only be used for 10 ECTS courses).

Censorship deadline: 3 weeks for both the report and presentation after the last day of the teaching period which is stated in the agreement.

"External examiner" is the contact person in the company. The student, academic supervisor and contact person in the company agree on a time within the examination deadline for presentation of the report, and the internal examiner and supervisor send the examination to NMBU as described above.