

# Guidelines for MINA's laboratories

- Keep your **distance**!
- All activities must be registered with the zone responsible **before** start-up.
- **Wash your hands** before and after work.
- **Work surfaces** and **equipment** must be **washed** with soap and water or alcohol before and after any activities.
- Use **gloves** if necessary and change them regularly. Remove your gloves when taking a break or completing a task.
- If you have gotten permission to work closer than 2 meters, you must use **facemask** and **gloves**.
- When working alone, please notify HSE-responsible via e-mail when you **arrive** and **depart**.
- When working alone you must bring your **mobile phone**.
- Kitchens and coffee machines must not be used. It is not possible to use refrigerators for storing **food**.
- Use the toilet that is **closest** to where you work.
- Any **accidents** must be reported via mobile to HSE-responsible at **+47 952 95 764**.

