Travel Information

From Oslo Airport to the University of Life Sciences (NMBU), Aas (Ås).

Train

The airport express train from Oslo Airport to Oslo S leaves every 10 mins, takes ca 20 minutes and costs 180 kr. Tickets can be bought at the machines, or you can swipe a credit card at the gate. Time schedule for the Airport Express Train can be found here http://www.flytoget.no/eng/

There are also three local trains, which can be used for travelling from the airport to Oslo: R11 (towards Skien/Larvik), L12 (towards Kongsberg) and R10 train (towards Drammen). Local trains are bit slower and less frequent, but cheaper (93 kr to Oslo), and you can buy a ticket straight through to Ås (113 kr). The departure boards will give you information on departure times. Tickets can be bought at the machines (credit card or cash payment) or at the ticket office (for a slight extra charge). More information can be found on https://ruter.no/en/.

From Oslo S you take the train to Ås. These depart every hour at 18 minutes past the hour from platform 9 or 10 (the final destination of the train is Moss). The journey takes 29 minutes.

Both at Oslo Airport and Oslo S, it is cheaper to buy tickets from the machines, and these take both cash and credit cards. There is an extra fee for buying tickets on the trains. Students under 31 years of age travel for half-price given a valid student card (select “honor” or “concessions” on the ticket machine).

Please contact us if you need information on travel connections from other two airports.

Bus

There is a direct bus to Ås from the airport that leaves at 10 minutes past the hour, approximately every one to two hours (every two hours on Saturday) and takes 55 minutes. Bus F11 to Fredrikstad, leaving from outside arrivals. Ås/NMBU is the first stop: Korsegården. The price is 275 kr and you can pay with credit card on the bus. You can also purchase your bus ticket online in which case it will cost 240 kr (http://www.nor-way.no/). It is also possible to buy ticket for the student price – 160 kr.

From the bus or train stop to university (see map for locations)

University is about 20 min walk from the train station and 25 min walk from Korsegården.

You can also get the local bus (bus number 510) from either the train station or the airport bus stop.

From the station, take the bus towards Drøbak (Frogn vgs) to the stop “Universitetet i Ås” (for both Pentagon and Utveien).
From the airport bus stop you walk under the motorway and past the petrol station, to the local bus stop. Take the bus to Ski, to the stop “Universitet i Ås”.


You can also get a taxi from the station (but beware of Norwegian prices!).

Other Information

For those arriving late Saturday or on Sunday please note that, supermarkets will close early on Saturday, and will be closed Sunday. Both Oslo Airport and Oslo S have shops where you can buy supplies (bread, milk, etc). Kiwi at Oslo S is a small supermarket open until 2300 everyday.
NB! Monday 5th of June is public holiday in Norway so shops will be closed.
There are luggage lockers at Oslo S if you wish to break your journey for sightseeing.

Local Information

Lectures

All lectures will be will be held in the SKP Auditorium, apart from the ERICA session (8-9th June) which will be at U305, Urbygningen.

Accommodation

As students will be accommodated in diverse places, information will be given separately to each of you. Map shows location of the various accommodations in Ås.

Shops

There are a variety of supermarkets in Ås center. Beer can be bought at the supermarket until 2000 on weekdays and 1800 on Saturdays. You have to go to the Wine Monopoly in Ås center (Vinmonopol) for wine or spirits.

Resturants and Cafes in Ås centre

Ås Stasjon (next to the railway station): Café and light meals (open for food until 2200 Saturday and 2000 Sunday)

Babylon Pizza (near the bus station): Fast food. Open until 2200

NT kiosk (near the bus station): Asian food take away. Open until 2000 (1900 on Saturday and Sunday)

Full overview

Vitenparken café at Campus has student deals on Thursdays 1500 to 1800